

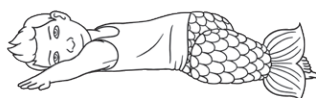
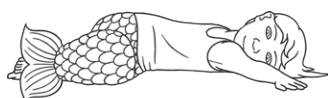
# Coastal Caper Yoga Story



Write your own story containing the things we based our poses on in the lesson. Think of ways to bring each pose in. Afterwards, you can use your story to help you practise yoga.

**Once upon a time** \_\_\_\_\_

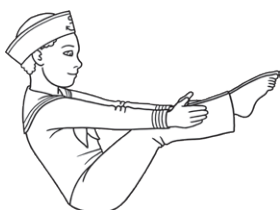
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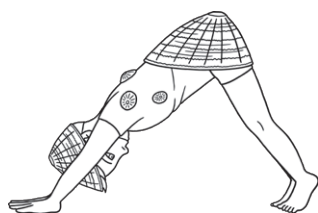
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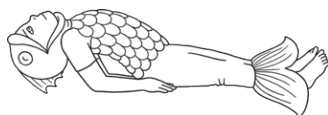
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**Finally,** \_\_\_\_\_

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