



Intent:

At Moorlands Primary School, we intend to place Physical Education at the heart of our curriculum, using the Primary PE Planning scheme to deliver **inclusive, progressive, and inspiring PE lessons** for every child. Our aim is to nurture a lifelong love of physical activity and sport, equipping children with the **fundamental movement skills, knowledge, and values** they need to flourish both in PE and in life.

We intend for every child:

- To **develop competence and confidence** across a broad range of physical activities, experiencing success and challenge in equal measure.
- To **understand and apply key sporting values** such as respect, teamwork, determination, and fairness, transferring these skills into everyday life.
- To be **physically literate**, building the foundations for a healthy, active lifestyle that continues beyond primary school.
- To experience PE as a vehicle for **wellbeing**, ensuring both their physical and mental health are prioritised.
- To access **inclusive and supportive lessons**, where all children – regardless of ability – feel valued and able to achieve their personal best.
- To develop **leadership and collaboration skills**, preparing them to be confident, resilient young people who can positively influence others.
- To benefit from **community links and opportunities** that inspire participation in sport and provide pathways for lifelong involvement.

Implementation:



Through our carefully sequenced PPP curriculum, children will progress on a **journey from Early Years to Year 6**, mastering fundamental skills, applying them in increasingly competitive and creative contexts, and leaving Moorlands Primary School as confident, enthusiastic, and healthy individuals who are prepared for future challenges in sport and life.

In EYFS, children begin their PE journey by developing the **prime areas of physical development**, focusing on movement, balance, coordination, and spatial awareness. They explore these through play, stories, and structured activities that build confidence, enjoyment, and independence in being active.

In Key Stage 1, pupils build on these foundations by mastering **fundamental movement skills**—running, jumping, throwing, catching, and basic agility—while beginning to apply them in simple games, dances, and gymnastic activities. Lessons are designed to develop **control, coordination, and confidence**, as well as the ability to work with others.

In Key Stage 2, children refine and apply these skills across a broader range of activities, including competitive games, athletics, dance, gymnastics, swimming, and outdoor adventurous activities. They learn to use tactics, evaluate performance, and develop **resilience, teamwork, and leadership**. The PPP curriculum ensures that progression is **carefully sequenced**, allowing pupils to revisit and extend skills year on year.

Across all phases, PE lessons embed key sporting values such as **respect, fairness, and determination**, and promote the importance of **physical and mental wellbeing**. Regular use of the **PPP Progress O-Meters** ensures teachers monitor development and adapt teaching to support and challenge all pupils, regardless of ability.

Through this structured progression, every child at Moorlands is supported to achieve their full potential in PE and leave school as a **confident, active, and healthy young person**.

Impact:



The impact of our PE curriculum is measured through the **Primary PE Planning Progress O-Meters**, ensuring all children make clear progress in fundamental movement, application of skills, fitness, creativity, competition, and leadership.

By the time children leave Moorlands, they will:

- Be **physically literate** and confident in a wide range of activities.
- Understand and value the importance of a **healthy, active lifestyle** for both body and mind.
- Demonstrate **sporting values** such as respect, teamwork, and resilience.
- Show the ability to **lead, collaborate, and inspire others**.
- Have opportunities to extend their participation through **school and community links**.

We know our curriculum has impact when pupils make **sustained progress on the Progress O-Meters**, enjoy and value PE, and leave school as **confident, motivated, and active young people** who are ready for the next stage of their journey.